

# Regional Early Years Conference

Why Physical Development REALLY Matters: Building Brains and Resilience through Physical Development

*With Anne O'Connor & Anna Daly*

03 November 2017



**Our conference will provide delegates with an opportunity to explore and re-examine the EYFS prime area of physical development.**

**Your day will include key presentations and workshops with opportunities to take part in discussions and raise questions. Our varied programme is designed to give you an enjoyable day where you can listen, participate and reflect. A chance to affirm and refresh your practice!**

The importance of physical activity for our young children cannot be underestimated, and schools are now being asked to implement the guidance of the Chief Medical Officer. This is reflected in the current Statutory Guidance (April 2017) in relation to the educational programme for Physical development. (para 1.5, pg. 8 Statutory guidance)

'Physical development involves providing opportunities for young children to be active and interactive, and to develop their co-ordination, control and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.'

**<https://www.gov.uk/government/publications/uk-physical-activity-guidelines>**



## Opening Keynote:

**PRIMED FOR LIFE?** The Importance of PD as a Prime Area of the EYFS and Why it Really Matters.

Led by Anne O'Connor together with Anna Daly this keynote will appraise and highlight the importance of physical development as a prime area of the EYFS and 'Why it Really Matters' to young children's development and learning.

## Workshops: (N.B. Delegates will attend both workshops during the day)

**A. Brain Building Through Early Movement:** how early movement and movement play supports the development of later learning

**B. Motion and Emotion:** how movement and movement play supports emotional development and wellbeing

## Plenary Keynote:

**Moving And Grooving:** celebrating the joy of movement and dance with young children and their importance in physical, emotional and cognitive wellbeing

**Who is it for?:** All Early Years staff in schools, Senior Leaders in schools and PE Coordinators

**Venue:** Dryden Centre, Evistones Road, Low Fell, Gateshead, NE9 5UR

**Cost:** £140/160per person (SLA / non-SLA)

**Date:** 03 November 2017

**Registration:** 8.30am onwards

**Start Time:** 9.15am-3.30pm

## Anne O'Connor

Anne is a qualified teacher with extensive experience across the primary age range and early years. Anne is a freelance early years trainer and writer with over 20 years of teaching and leadership in nursery, infant and primary schools.

Previously an Associate Tutor at the Institute of Education (London University) and the University of Cumbria, Anne is a longstanding Associate Trainer with Early Education and an independent education consultant offering consultation and training on a wide range of aspects of early years pedagogy. These include attachment and wellbeing, transitions, equalities and diversity as well as physical development. As an experienced adoptive parent, Anne also provides support for schools and settings working with adoptive families and children in care.

Anne is a regular contributor to Nursery World writing on a range of topics. As well as a range of Local Authority resource materials and evaluation reports, she is also a published author.

In her spare time, she would love to do more housework, but sadly a combination of laziness and lethargy prevents this from ever happening.



## Anna Daly

Anna is an experienced independent community dance artist and creative practitioner based in Lancaster.

Anna is a professional member of Foundation for Community Dance and Earlyarts UK and specialises in full bodied physical learning and dance projects for early years children and their grown-ups.

Anna co-writes with Anne for Nursery World including the 5 part series on Physical Development and All About Dance.

An experienced creative practitioner for Curious Minds, Anna works in partnership with schools and early years settings and here are a couple of examples of projects -'Creative spaces, creative learning' residency at an infant school in Blackburn; and a 'Creative Consultancy' developing a primary schools outside space in Blackpool.

She is also a visiting lecturer at Middlesex and Edge Hill Universities. Her writing has been published in Animated magazine, 'Community Performance Handbook' by Routledge and Nursery World magazine.

Anna continues to be a professional fidget, having missed out on crawling at a young age, and keeps promising to give up sugar.



**Anne and Anna are also co-chairs of the Lancaster and Morecambe branch of Early Education.**

**Please apply using the application form attached** ►

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## Why Physical Development REALLY Matters

**Date:** 03 November 2017 - registration from 8.30am

**Venue:** Dryden Centre, Evistones Road, Low Fell, Gateshead, NE9 5UR

Please book me \_\_\_\_ places on the above course.

Name(s): \_\_\_\_\_ Role: \_\_\_\_\_

Name(s): \_\_\_\_\_ Role: \_\_\_\_\_

Name(s): \_\_\_\_\_ Role: \_\_\_\_\_

School: \_\_\_\_\_

Invoice Address: \_\_\_\_\_

School Status (please tick as appropriate): LA Maintained  Academy  Independent

Purchase Order Number (Academies/Non Gateshead schools only): \_\_\_\_\_

Contact Name: \_\_\_\_\_ Tel: \_\_\_\_\_

Email Address: \_\_\_\_\_

Signed (Headteacher/Senior Leader): \_\_\_\_\_ Date: \_\_\_\_\_

**Please return to:** Angela Crossley, CPD Admin, Dryden Centre, Evistones Road, Gateshead. NE9 5UR  
Email: [angelacrossley@gateshead.gov.uk](mailto:angelacrossley@gateshead.gov.uk) Fax: 0191 433 8764

**For further information contact:** Val Taylor, Primary Teaching and Learning Consultant (Early Years), educationGateshead  
Tel: 0191 433 8712 Email: [valtaylor@gateshead.gov.uk](mailto:valtaylor@gateshead.gov.uk)

### OTHER IMPORTANT INFORMATION:

**We (the school/organisation) agree** that by signing and returning this booking form to adhere to the specifications detailed below.

- **Fees:** Fees will be recovered via invoice after the training; purchase order numbers will be quoted on any correspondence (if they have been supplied). All prices quoted are subject to VAT (standard rate).
- **Specific Requirements:** If you have any specific access or dietary requirement including food allergies can you please advise us of these at least **7 working days** ahead of the training to allow us to make the necessary arrangements?
- **Cancellation Policy:** failure to notify of non-attendance at least **7 working days** ahead of course date will result in the full cost of the course being charged to schools (unless stated otherwise).
- **Parking:** There is limited parking available at the Dryden Centre and parking is not guaranteed. Please park with consideration for our neighbours if you are unable to find a space within the car park and please be aware that our community police officer has asked we remind any visitors that illegal/inconsiderate parking will result in parking tickets being issued.